



MACASA

# Maltese Meals & Community Services

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[www.malteseagedcare.org.au](http://www.malteseagedcare.org.au)

## BULLETIN

**JANUARY 2012**

**Volume 7, Issue 1**

Welcome to our January edition of the *Bulletin*. This is the last Bulletin I write as the MACASA Services Manager. Ellena Bezzina will take over from 19 December as the new Services Manager. Ellena has been working with MACASA for the last 3 years and is very familiar with the services MACASA offers the Maltese community.

Once again, it has been a pleasure working at MACASA and meeting so many lovely people in the Maltese community.



### Estate Planning

Mr Evan Richards, a lawyer and lecturer at the University of Adelaide, gave a very informative presentation on Estate Planning on 28 November. He talked about the importance of having Estate Planning documents in place. The documents are:

1. Will
2. Enduring Power of Guardianship
3. Enduring Power of Attorney
4. Medical directions (as to life support)

If you **don't** have a Will, there is no control over what happens to your Estate. Instead, it is governed by the Wills Act and is distributed as follows:

- The first \$100,000 to your spouse.
- The rest of the Estate is divided equally between your spouse and children; or other family in descending order.
- The Public Trustee is appointed as Executor (and they charge a fee which comes out of the Estate).
- No legal say about who will be the guardian of your children.

### **Probate:**

Probate is the legal process of administering the Estate of a deceased person and distributing the assets according to the valid Will.

I would like to thank the Maltese Guild for their continued support in providing their venue for our Health Information Program.

## MACASA Services

For further information about our services, please contact the Office on (08) 8241 0266.

- Meals – Home-delivered or Picked Up
- Monthly Activities – Salisbury, St Mary's and Cheltenham
- Shopping
- Health Information Program
- Transport
- Visiting
- Housework
- Carpet Cleaning
- Window Cleaning



## ~ Happy Birthday ~

Alan Hutton	Flora McCourty	Josephine Baldacchino	Mavis Borg
Anna Gauci	Irka Lesniak	Leli Spagnol	Marjory O'Flaherty
Anna Kuzma	Jeff Burg	Leli Vella	Mary Craus
Charlie Vidal	Jim Aquilina	Lilly Attard	Mary Sammut
Catherine Vella	Jimmy Farrugia	Lora Baldacchino	Michael Saad
Emil Jurkiewicz	John Axisa	Louise Norris	Salvu Fenech
Erna Valtenbergs	John Fabri	Maria Zammit	



**Best wishes to everyone celebrating their birthday in January.**

## **PUBLIC HOLIDAYS – JANUARY 2012**

Just a reminder that the New Year's Day public holiday falls on Monday 2 January, and the Australia Day public holiday falls on Thursday 26 January. The MACASA Office and Kitchen will be closed on those days. If you have meals home-delivered, please ring Sue on 8241 0266 to order extra meals.

## **MALTESE COMMUNITY ONLY**

### **1. MONTHLY ACTIVITY GROUPS**

Please remember there are no monthly lunches in January. The first lunch will be held at the Salisbury RSL on Monday 6 February 2012.

The 2012 dates for each location are provided on the back page of this Bulletin. Keep this list on the fridge to remind you when we are holding the lunches. I would like to encourage you to come to these lunches on a regular basis. It gets you out of the house and meet other Maltese people, play bingo and maybe win a prize in our raffle.

If you want to attend, and need transport, please ring Sue on 8241 0266.

### **2. BUS TRIPS**

The first bus trip planned for 2012 is on Saturday 18 February. Ellena will be organising this trip and will let you know where she is taking you, and how much it will cost per person in the next Bulletin.

So that everyone gets a chance to go on a trip, you need to ring Sue on 8241 0266 to register your interest for this trip by 31 January. All the names will go into a draw for a seat. Couples will go in the draw together. We will send a letter to the people who win a seat in the draw. The people who don't win a seat will automatically go on the following bus trip in April.



**You will need to come to Cheltenham Community Centre for each bus trip as we cannot pick anyone up from home.**

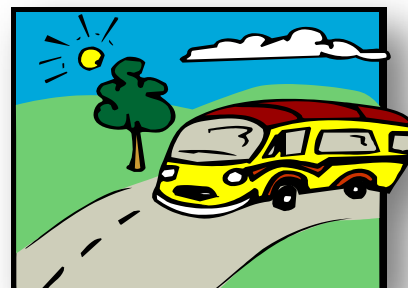
# CALENDAR OF ACTIVITIES

## Monthly Activity Groups for 2012

**NORTH**

### Salisbury RSL, Park Terrace, Salisbury

6 February  
5 March  
2 April  
7 May  
4 June  
2 July  
6 August  
3 September  
8 October  
5 November



**\$6.00 – 3-course meal and \$7.00 – Transport return trip**

**SOUTH**

### Racquets SA, Strings Bistro, 1303 South Road, St Marys

13 February  
19 March  
16 April  
14 May  
18 June  
9 July  
13 August  
10 September  
15 October  
12 November



**\$6.00 – 2-course meal and \$7.00 – Transport return trip**  
Ring Sue to book your seat

**WEST**

### Cheltenham Community Centre, 62 Stroud Street North, Cheltenham

22 February  
28 March  
11 April  
23 May  
27 June  
18 July  
22 August  
19 September  
24 October  
21 November  
5 December



**\$6.00 – 3-course meal and \$7.00 – Transport return trip**

**Pick-up and drop-off transport available for \$7.00**

Regular clients who come on the MACASA bus  
**MUST call the Office to confirm their booking.**

Phone: (08) 8241 0266 or Email: [reception@malteseagedcare.org.au](mailto:reception@malteseagedcare.org.au)